

LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Dr Tony Hill, Executive Director of Community Wellbeing and Public Health

Report to	Lincolnshire Health and Wellbeing Board
Date:	8 December 2015
Subject:	Health and Wellbeing Grant Fund Projects – update report

Summary:

At the meeting on 24 March 2015 the Board agreed to allocate £1,316,234.00 of the Health and Wellbeing Grant Fund on ten projects. This report provides the Board with an update on the projects.

Actions Required:

The Health and Wellbeing Board is asked to:

- consider and comment on the project updates contained in Appendix A,
- agree to receive the next half yearly update report at the Board meeting in June 2016.

1. Background

The Health and Wellbeing Grant Fund for Lincolnshire (the fund) was originally established in 2008 under a Section 256 Agreement between Lincolnshire County Council and NHS Lincolnshire. It was set up to support projects and initiatives which improve health and wellbeing in Lincolnshire. In November 2014 a revised Section 256 Agreement was signed between Lincolnshire County Council and the four Clinical Commissioning Groups and responsibility for allocating the remaining fund, totalling £1,328,661.00, was transferred to the Lincolnshire Health and Wellbeing Board. The process for allocating the remaining money was agreed by the Board on 9 December 2014.

In March 2015 the Board agreed to allocate £1,316,234.00 of the Health and Wellbeing Grant Fund on ten projects, and for the remaining unallocated money, totalling £12,427, to be held in reserve.

Since March one of the projects, '*Getting Lincolnshire Active*', has been withdrawn as Lincolnshire Sport's application to Sport England for match funding was unsuccessful. The project, which aimed to increase participation in sedentary individuals by using the '*My Activity Tracker System*' (MAT) (a platform to support individuals developed by Sport England), was reliant on receiving £300,000 of funding from Sports England and £150,000 from the HWB Grant Fund. A number of options for a smaller or scaled down project using just the HWB Grant were discussed with Lincolnshire Sport and referred back to the HWB Grant Fund Sub Group for consideration. However due to the reduced scale and impact the end benefits and outcomes were limited therefore a mutual decision was taken to withdraw the project.

Taking account of the money that would have been allocated to Lincolnshire Sport, the amount of unallocated HWB Grant Fund is now £162,427.00.

Formal Grant Funding Agreements are now in place for eight of the remaining projects with the final agreement due for signing shortly. Each agreement includes quarterly targets and arrangements for monitoring and evaluating the project's outcomes. Quarterly highlight reports along with any supporting evidence, such as case studies, are provided to the Programme Officer overseeing the Fund. A summary report detailing progress as at the end of quarter two is provided in Appendix A. This is the first report on the projects, and future reports to the Board will provide more detailed information on outcomes, including case studies, once the projects have become more established.

A number of the projects have experienced some delays in setting up due to problems in recruiting staff and/or volunteers or prolonged procurement processes. Only the 'My Rural Life' project was due to have been completed by the end of quarter two. However, delays caused by issues with Agresso have resulted in the late payment of invoices which has impacted on the delivery of the project. This project is now due to be completed in December 2015.

2. Conclusion

The Health and Wellbeing Board has been given the responsible for allocating and monitoring the remaining funds in the Health and Wellbeing Grant Fund. This is the first half yearly report on the projects since the funding was agreed by the Board in March and the Board is asked to note the information contained in Appendix A and comment on the progress.

3. Consultation

Not applicable.

4. Appendices

These are listed below and attached at the back of the report	
Appendix A	Health and Wellbeing Grant Fund – Update Report Oct 2015.

5. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Alison Christie, Programme Manager Health and Wellbeing, who can be contacted on 01522 552322 or alison.christie@lincolnshire.gov.uk

**HEALTH & WELLBEING BOARD –
Update Report
November 2015**

Amount available		£
		1,328,661.00
Project	Provider	
Get Started & Get into Healthy Lives	Prince's Trust	240,000.00
Care leavers mentoring project	Barnardo's	150,516.00
Let's Get Fizzical	Positive futures	40,720.00
Diabetes Education & Resource	4 CCGs	169,800.00
Step Forward	LCC - subcontractor	226,200.00
Assisting Low Income Households	City of Lincoln Council	98,000.00
Connecting Communities	East Lincolnshire CCG	120,302.00
My Rural Life	Sortified CiC	10,096.00
Lincs Carers Charter	Lincs Carers & Young Carers Partnership	110,600.00
Total remaining		162,427.00

Overview of Live Projects

Get Started & Get into Healthy Lives – Prince's Trust

Project lifetime: 01 July 2015 – 30 June 2018 (3 years)

Total allocated: £ 240,000.00

Total spend to date: £0.00

Total remaining: £240,000.00

Project Description

To support between 117 and 234 of Lincolnshire's disadvantaged and disengaged young people aged 16-25 through a 3-year project. Specifically aimed at promoting health and wellbeing amongst those young people taking part, the project will additionally provide training opportunities and routes to employment within Health and Social Care services.

Update Qtr2 July – September 2015

Targets 2015/16

Outcome	Annual target	Qtr 2 target	Actual	Qtr3 target	Actual	Qtr4 Target	Actual	Total
Get started projects	3	1	2	2	(1 so far)			2
Number of Get Into Programmes	2			1		1		0

Get Started

- Good progress has been made. Three 'Get Stated' projects have been delivered, one in Boston during June and two in Lincoln during September and October.
- Three month progress data for June includes
 - 10 young people completed the course
 - Five young people accessed training
 - Three young people accessed employment (including one working as a waiter in a Candy Park and one working in a factory)
- Developing six month progression monitoring process

Get Into

- No 'Get Into' programmes were time tabled in for this quarter.
- Currently having issues establishing links with ULHT to progress the 'Get Into Hospital Services' element. . Waiting to hear back from ULHT following initial contact.
- It was suggested that there may be some benefit in approaching the Health and Care work stream under the Greater Lincolnshire Enterprise Partnership and/or Lincolnshire Care Association (LinCA).
- Following a pilot last year the Co-Op has approached the Prince's Trust to deliver another course which is scheduled for January and there is currently a funding gap to deliver this. Prince's Trust are requesting that the H&WB fund can be used to deliver the programme in January. It is hoped that the programme will produce some very outcomes with one element being delivered around the pharmacy – but this is still to be confirmed. The important part of the programme is seeking employment for our young people so they do have to participate as much in our public services.

Care leavers Mentoring Project (Buddy Up) – Barnardo's

Project lifetime: 01 July 2015 – 30 June 2017 (2 years)

Total allocated: £150,516.00

Total spend to date: £18,815.50

Total remaining: £131,700.50

Project Description

To deliver a two-year Care Leavers Mentoring Project across Lincolnshire to improve outcomes for both:

- Care Leavers (CL)
- Volunteers

Mentors will deliver specialist interventions to sixty Care Leavers over the two years with a clear focus on supporting social inclusion.

Update Qtr2 July – September 2015

- Underestimated the recruitment time scales
- Project worker was recruited on 22 September and have been shadowing several programmes including the Education Employment Team and the Supported Lodging staff. Due attend the following training
 - Multi Agency Risk Assessment Conference (MARAC) training 7th October 2015
 - Child Sexual Exploitation level 3 training 3rd November 2015
 - Volunteer Card and Supported Lodging Train the Trainer 19th/20th November
 - Lincs Leaving Care Service /LCC joint development day 2nd December 2015
- 5 volunteers have been recruited; 3 Care Leavers and 2 external
- Developed a tool (outcome STAR) to measure outcomes for both volunteers and young people
- No targets were set for qtr.2
- After consultation with care leavers it was agreed to call the programme 'Buddy Up'

Lets Get Fizzical – Positive Futures

Project lifetime: 01 July 2015 – 30 June 2016 (1 year)

Total allocated: £40,720.00

Total spend to date: £0.00

Total remaining: £40,720.00

Project Description

Let's Get Fizzical is an award winning project developed by national sports charity StreetGames which engages inactive children aged 8 to 14 in sport. Positive Futures is seeking to pilot this model in 2 disadvantaged communities in Lincolnshire - Lincoln and Boston - reaching 8 schools in each area

Update Qtr2. July – September 2015

- Preparation Phase - As part of the preparation phase, have contacted a number of schools in the areas to be deliver the programme. Response was initially very slow on the uptake. This was due to the timing of the contact being towards the summer break and schools were winding down for summer. Since returning from summer have secured the majority of schools (13 of the 16) and will be able to confirm the remaining by early 2016.
- The incentives and resources have been acquired and distributed to the project areas

- 5 volunteers have been identified and will take up the training offer in early 2016. Three lead staff have been through the project familiarisation workshop, 12 coaches & 2 volunteers have been through the "Let Get Fizzical" activator workshop
- School Taster Sessions delivered – Have delivered a range of activities as part of 30 taster sessions reaching 830 young people in the schools so far with the remaining being delivered after Christmas
- Weekly Sessions delivered –Some schools have progressed to weekly delivery with the hope this will be completed before the Christmas break. The remaining weekly sessions will be delivered in the new year
- Initial PAQ C questionnaire (an online questionnaire to evidence physical activity at 3, 6, 9 month intervals) are being completed by young people
- Community Sessions – each area has community sessions available to the young people taking part

Diabetes Education& Resource – 4 CCGs

Project lifetime: 01 January 2016 31 December 2016 (1 year)

Total allocated: £169,800.00

Total spend to date: £0.00

Total remaining: £169,800

Project Description

The proposed project 'Diabetes Education and Resources' will enhance the current diabetes services provided within the community by GP Practices and Lincolnshire Community Health Services (LCHS). Patients with Type 2 diabetes referred to the service are invited to attend an education course (Spotlight), which aims to give newly diagnosed patients the knowledge and skills they need to effectively self-manage their diabetes.

Update Qtr2 July – September 2015

- There has been a delay in agreeing the final approach between the CCGs to ensure this project complements recent submissions made to the NHS Diabetes Prevention Programme.
- Funding agreement is now out for signature and the project will be rolled out from January 2016.

Step Forward – LCC (sub-contractors)

Project lifetime: 01 October 2015 – 30 September 2017 (2 years)

Total allocated: £226,200.00

Total spend to date: £0.00

Total remaining: £226,200.00

Project Description

To support adults age 18 and over that are unemployed and have a learning disability, Autism and/or a mental health condition and help them access employment opportunities.

Update Qtr2 July – September 2015

- This project was not due to start until October 2015.
- The Step Forward invitation to tender went live on 01 October 2015 and a tender information event was held on 12 October 2015.

- The closing date for tender submissions was 06 November 2015 and five submissions were received and will be evaluated from 16 November. Invitations have been sent out to potential steering group members, with a good response so far. The first meeting will take place towards the end of November once the providers have been selected.

Assisting Low income Households into work – City of Lincoln (Lincoln College)

Project lifetime: 08 September 2015 – 07 September 2019 (4 years)

Total allocated: £98,000

Total spend to date: £0.00

Total remaining: £98,000

Project Description

The project would be undertaken as part of the 'Universal Support Delivered Locally' (USDL) work being carried out, led by the City of Lincoln Council/ North Kesteven District Council shared Revenues and Benefits Service, supporting skills enhancing prospects of employment and increased salary, linked to the national Universal Credit rollout agenda.

Update Qtr2 July – September 2015

- This project was expected to start in May 2015, however following advice from Procurement Lincolnshire; the Project Manager was required to undertake a procurement process to identify the training provider.
- Lincoln College were successful in tendering for the project.
- No activities in this qtr. due to the commissioning process and slight delay in the start of the project.
- A set up meeting with Lincoln College is taking place in early December with the expectation that courses will begin in January 2016.

Connecting Communities – ECCG

Project lifetime: 01 July 2015 – 30 June 2017 (2 years)

Total allocated: £ 120,302.00

Total spend to date: £0.00

Total remaining: £120,302.00

Project Description

The Health & Wellbeing Grant Fund will be used to further establish and embed sustainability in to two residents led, fully constituted Partnership groups within two hard pressed communities Wainfleet and Winthorpe by funding two part-time local coordinators to develop and co-ordinate activities.

Update Qtr2 July – September 2015

- 2 Coordinators appointed
- Coordinators and residents attending training
- Continued development of Partnership Steering Groups in each community

Wainfleet

- Established relationship with existing community partnership and clarified the community coordinators role. Attending monthly partnership meetings and other planning meetings in between.

- Established contact with a wide range of partner organisations including; existing group, organisations, service providers, businesses and other potential partners. Arranged regular update sessions to connect all together.
- Currently mapping what is already happening and what facilities and resources are available.
- Supporting the Haven Project (Community Activities funded by Health Lottery Trust).
- Engaging wider community through a series of Pop-Up listening events in key locations, School, GP Surgery, Town Market etc. to establish the needs and aspirations of the community.
- Coordinator attended C2 4 day Assets & Resilience experiential learning event in Exeter.
- Community Partnership policy and procedure documents being developed to make the partnership more robust and up-to-date with relevant legislation requirements
- Training courses arranged and attended by resident volunteers, including Committee Roles & Responsibilities, V-Card Training, First Aid, Food Hygiene and Dementia friends Training. Other courses to follow.

Winthorpe

- Established relationship with existing community partnership and clarified the community coordinators role. Attending monthly partnership meetings and other planning meetings in between.
- Chairman of (WCP) Winthorpe Community Partnership attended C2 4 day Assets & Resilience experiential learning event in Exeter.
- Community Partnership policy and procedure documents being developed to make the partnership more robust and up-to-date with relevant legislation requirements.
- Engagement with a wide range of partner organisations including; existing group, organisations, service providers, businesses and other potential partners. Arranged regular update sessions to connect all together.
- Training courses arranged and attended by resident volunteers, including Committee Roles & Responsibilities, V-Card Training, First Aid, Food Hygiene and Dementia friends Training.
- Cancer support group being developed in the community – this was highlighted as a need within the community. Funding application being developed.
- Visit by 3 communities from Nottingham being organised.
- Engaging wider community through a series of Pop-Up listening events in key locations, School, Shops, street corners, community building.
- Community Newsletter being developed to engage the wider community.
- Community Plan in early stages of development.
- Coordinator supporting the WCP to become a registered charity CIO (Charitable Incorporated Organisation).
- District Councillor Grant applied for
- County Council Big Society grant applied for.

My Rural Life – Sortified CiC

Project lifetime: 09 April – 09 September 2015

Total allocated: £ 10,096.00

Total spend to date: £ 5,048

Total remaining: £5,048

Project Description

To develop a toolkit for people at risk of social isolation in the most rural parts of Lincolnshire. The toolkit will support individuals to self-manage in the future and minimise (or delay) reliance and need for future health and social care services.

Update Qtr2 July – September 2015

- The project is currently slightly behind schedule due to issues with Agresso resulting in the late payment of invoices. The latest timescale for the production of the Toolkit is December 2015 when it will be available both online and as a paper copy
- Engagement events were held between 28 September and 02 October at a variety of sites across Lincolnshire which attracted 20 attendees and an additional 25 individuals completed 25 on surveys (45 of the target of 50). However a further 180 individuals have engaged at other events including Neighbourhood Teams and local Voluntary Sector Forums
- Significant work has been carried out with partners across the County resulting in 22 potential partners – these include: Age UK; Community Lincs; South Holland District Council; Healthwatch; British Red Cross and East Lindsey CCG

Lincs Carers Charter – Lincs Carers & Young Carers Partnership

Project lifetime: 22 June 2015 – 21 June 2017 (2 years)

Total allocated: £ 110,600.00

Total spend to date: £30,600

Total remaining: £80,000.00

Project Description

To establish a quality standard 'Kite' mark recognisable by all Lincolnshire Carers, Providers and Partners as a way of addressing some of the difficulties caused by rurality, poor transport infrastructure and sparsity of providers. It will also enable a connection with other areas of work, such as Carers & Employment, where SME's will be supported to meet best practice

Update Qtr2 July – September 2015

- Award Identity has been established.
- Marketing/Promotional Materials been developed and distributed.
- Carers Charter and Award Standards have been written – this will be a 6 month process.
- Application Process/Pack and accompanying documentation are now completed and in place – Carers and Young Carers have been involved in producing the application form and will be represented in the assessment panel.
- The charter has been promoted at 24 meetings and 10 events Working group/assessment panel has been developed.
- 2 organisations signed up and have already started the award (one being Harrowby Lane surgery in Grantham).
- Have completed engagement activities with 85 Carers.
- The accreditation is valid for one year.
- The CCGs have stated that all GP surgeries are to go through the process; this could cause capacity issues as each GP will apply separately.

Case studies and outcomes will be reported on in following reports once the projects have been established